



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

1	2 No School	3	4	5	6	7
8 7 on 7 @ Saputo	9	10	11	12	13	14
15 7 on 7 @ Saputo	16	17	18	19	20	21
22 7 on 7 @ Saputo	23	24	25	26	27	28
29 7 on 7 @ Saputo	30					

April 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

		1	2	3	4	5
6 7 on 7 @ Saputo	7	8	9	10	11	12
13 7 on 7 @ Saputo	14	15	16	17	18	19
20 7 on 7 @ Saputo	21	22	23	24	25	26
27	28 Memorial Day	29	30	31		

May 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

					1	2
3	4	5	6	7	8 LAST DAY OF SCHOOL	9
10 <b>*Individual FB Expectation: 20 lifts for the summer min.</b>	11 Summer Weights Conditioning/Speed Begins: 9-12th 6:30-8am Football	12 Weights: 6:30-8am	13 Weights: 6:30-8am	14 Weights: 6:30-8am	15 <b>Open Lift</b> Weights: 6:30-8am & 8-9:30am	16
17	18 Weights: 6:30-8am	19 Weights: 6:30-8am	20 Weights: 6:30-8am	21 Weights: 6:30-8am	22 <b>Open Lift</b> Weights: 6:30-8am & 8-9:30am	23
24	25 Weights: 6:30-8am	26 Weights: 6:30-8am	27 Weights: 6:30-8am	28 Weights: 6:30-8am	29 <b>Open Lift</b> Weights: 6:30-8am & 8-9:30am	30

June 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

1	2 Off	3 Off	4 Happy 4th!	5 Off	6 Off	7
8	9 Weights: 6:30-8am	10 Weights: 6:30-8am Contact Day #1 3:15-6:15pm *9th-12th grade	11 Weights: 6:30-8am Contact Day #2 3:15-6:15pm *9th-12th Grade	12 Weights: 6:30-8am	13 Open Lift Weights: 6:30-8am & 8-9:30am	14
15	16 Weights: 6:30-8am Contact Day #3 3:15-6:15pm *9th-12th grade	17 Weights: 6:30-8am Contact Day #4 3:15-6:15pm *9th-12th grade	18 Weights: 6:30-8am Contact Day #5 @Little Chute H.S. 3pm-6:30pm <b>*FRESHMAN OFF*</b>	19 Weights: 6:30-8am	20 Open Lift Weights: 6:30-8am & 8-9:30am	21
22	23 Weight Room Open/ Optional 6:30-9:30am	24 Weight Room Open/ Optional 6:30-9:30am	25 Weight Room Open/ Optional 6:30-9:30am	26 Weight Room Open/ Optional 6:30-9:30am	27 Weight Room Open/ Optional 6:30-9:30am	28
29	30 Off	31 Off				

July 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

<p><b><u>VARSITY Games: 7pm</u></b></p> <p><b><u>JV Games: 5pm</u></b></p> <p><b><u>Frosh/JV2: 5pm</u></b></p>		<p>—————&gt;</p> <p><b>PARENT MEETING</b> 7pm in PHS Auditorium Wednesday Aug. 1st</p> <p>—————&gt;</p>	<p>1 <b>9th-12th Grade</b> 1st day of Practice/ Testing 10-12: 8am-Noon 9th Grade: 8am-11am</p>	<p>2 Practice 10-12th: 8am-noon 9th Grade: 8am-11am</p>	<p>3 Practice 10-12th: 8am-noon 9th Grade: 8am-11am</p>	<p>4*<b>Picture Day*</b> <b>9th-12th Grade</b> Practice 8-9:30am Red/White Scrimmage 10-11am *Grill Out Following</p>
<p>5  OFF</p>	<p>6 All: 8am-11am</p>	<p>7 All: 8am-11am</p>	<p>8 All: 8am-11am</p>	<p>9 All: 8am-11am</p>	<p>10 <b><u>V/JV/JV2-Frosh Scrimmage @</u></b> Kaukauna H.S. 10am-1:00pm</p>	<p>11  OFF</p>
<p>12 V/JV : Film/Lift/Practice 6pm-8:15PM</p>	<p>13 All: 5pm-8pm</p>	<p>14 All: 5pm-8pm</p>	<p>15 All: 5pm-8pm</p>	<p>16 <b>Varsity @ GBSW</b> 7pm JV: No Practice Frosh/JV2: 3pm-5pm</p>	<p>17 All: 8am-10:30am</p>	<p>18  OFF</p>
<p>19 V/JV : Film/Lift/Practice 6pm-8:15PM</p>	<p>20 V: 5pm-8pm  <b>Frosh/JV2 @ TBD</b> <b>JV vs. GBSW</b></p>	<p>21 All: 5pm-8pm</p>	<p>22 All: 5pm-8pm</p>	<p>23 <b>Varsity vs. North</b> 7pm JV: No Practice Frosh/JV2 3pm-5pm</p>	<p>24 All: 8am-10:30am</p>	<p>25  OFF</p>
<p>26 V/JV : Film/Lift/Practice 6pm-8:15PM</p>	<p>27 V: 3pm-6pm  <b>Frosh/JV2: vs. North</b> <b>JV @ North</b></p>	<p>28 All: 3pm-6pm</p>	<p>29 All: 3pm-6pm</p>	<p>30 <b>Varsity @ South</b> 7pm JV: No Practice Frosh/JV2: 3pm-5pm</p>	<p>31 All: 8am-10:30am</p>	

August 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

						1 OFF
2 OFF	3 <b>LABOR DAY</b> Practice: All Levels 6:00pm-8:15pm	4 V: 3pm-6pm <b>Frosh/JV2: vs. South JV vs South</b>	5 All: 3pm-6pm	6 All: 3pm-6pm	7 <b>V @ Notre Dame</b> JV: No Practice Frosh/JV2: 3pm-5pm	8 OFF
9 V/JV : Film/Lift/Practice 6pm-8:15PM	10 V: 3pm-6pm <b>Frosh/JV2: @ NDA JV vs. Notre Dame</b>	11 All: 3pm-6pm	12 All: 3pm-6pm	13 All: 3pm-6pm	14 <b>V vs. Bay Port</b> JV: No Practice Frosh/JV2: 3pm-5pm	15 OFF
16 V/JV : Film/Lift/Practice 6pm-8:15PM	17 V: 3pm-6pm <b>Frosh/JV2: vs BayPort JV @ Bay Port</b>	18 All: 3pm-6pm	19 All: 3pm-6pm	20 All: 3pm-6pm	21 <b>V vs. DePere</b> JV: No Practice Frosh/JV2: 3pm-5pm	22 OFF
23 V/JV : Film/Lift/Practice 6pm-8:15PM	24 V: 3pm-6pm <b>Frosh/JV2: vs. DePere JV @ DePere</b>	25 All: 3pm-6pm	26 All: 3pm-6pm	27 All: 3pm-6pm	28 <b>V @ Ashwaubenon</b> JV: No Practice Frosh/JV2: 3pm-5pm	29 OFF
30 V/JV : Film/Lift/Practice 6pm-8:15PM						

September 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

	1 V: 3pm-6pm <b>Frosh/JV2:@ Ashw. JV vs. Ashwaubenon</b>	2 All: 3pm-6pm	3 All: 3pm-6pm	4 All: 3pm-6pm	5 <b>V vs. Preble</b> JV: No Practice Frosh/JV2: 3pm-5pm	6 OFF
7 V/JV : Film/Lift/Practice 6pm-8:15PM	8 V: 3pm-6pm <b>Frosh/JV2: vs. Preble JV @ Preble</b>	9 All: 3pm-6pm	10 All: 3pm-6pm	11 All: 3pm-6pm	12 <b>V @ Manitowoc</b> JV: No Practice Frosh/JV2: 3pm-5pm	13
14 V: Film/Lift/Practice 6pm-8:15PM	15 V: 3pm-6pm <b>Frosh/JV2:@ Manty JV vs. Manty</b>	16 Varsity: 3pm-6pm <b><u>JV/F: Uniform Hand-in 3pm</u></b>	17 Varsity: 3pm-6pm <b><u>JV/F: Uniform Hand-in 3pm</u></b>	18 Varsity: 3pm-6pm	19 <b>WIAA Playoffs Level 1</b>	20
21 V: Film/Lift/Practice 6pm-8:15PM	22 Varsity: 3pm-6pm	23 Varsity: 3pm-6pm	24 Varsity: 3pm-6pm	25 Varsity: 3pm-6pm	26 <b>WIAA Playoffs Level 2</b>	27
28 V: Film/Lift/Practice 6pm-8:15PM	29 Varsity: 3pm-6pm	30 Varsity: 3pm-6pm	31 Varsity: 3pm-6pm			

October 2018



# PULASKI FOOTBALL



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

				1 Varsity: 3pm-6pm	2 <b>WIAA Playoffs Level 3</b>	3
4 V: Film/Lift/Practice 6pm-8:15PM	5 Varsity: 3pm-6pm	6 Varsity: 3pm-6pm	7 Varsity: 3pm-6pm	8 Varsity: 3pm-6pm	9 <b>WIAA Playoffs Level 4</b>	10
11 V: Film/Lift/Practice 6pm-8:15PM	12 Varsity: 3pm-6pm	13 Varsity: 3pm-6pm	14 Varsity: 3pm-6pm	15 Varsity: 3pm-6pm	16 <b>WIAA State Football Championships 1pm - Camp Randall UW-Madison</b>	17
18	19	20	21 No School	22 Thanksgiving	23 No School	24
25	26	27	28	29	30	

November 2018





# PULASKI FOOTBALL



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Football Banquet 5:30pm Doors Open At PHS 6:00pm start
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

December 2018