



# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 <i>Open Field Passing League Noon-2pm @ Saputo</i>	8	9	10	11	12	13
14 <i>Open Field Passing League Noon-2pm @ Saputo</i>	15	16	17	18	19 <i>No School Good Friday Easter Break</i>	20
21 <i>Easter Sunday</i>	22	23	24	25	26	27
28 <i>Open Field Passing League Noon-2pm @ Saputo</i>	29	30				



# May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 <i>Open Field Passing League Noon –2pm @ Saputo</i>	6	7	8	9	10	11
12 <b>Happy Mother's Day!</b> <i>No Open Field/ Passing League</i>	13	14	15	16	17	18
19 <i>Open Field Passing League Noon—2pm @ Saputo</i>	20	21	22	23	24	25
26	27 <i>Memorial Day Observed No School</i>	28 <i>3:30-5pm Mid-Level Camp 6-8th Grade</i>	29 <b>PHS Graduation</b> <i>3:30-5pm Mid-Level Camp 6-8th Grade</i>	30 <i>3:30-5pm Mid-Level Camp 6-8th Grade</i>	31	



# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Testing Week: Get your testing #'s In w/ Coach Heim</i>	4 <i>Testing Week: Get your testing #'s In w/ Coach Heim</i>	5 <i>Testing Week: Get your testing #'s In w/ Coach Heim</i>	6 <i>Testing Week: Get your testing #'s In w/ Coach Heim</i>	7 <b>Last Day of School 1/2 Day of School No Weightroom</b>	8
16 9 * <b><u>Individual FB</u></b> <b><u>Expectation:</u></b> 20 lifts for the summer minimum	10 <b><u>PHS Football</u></b> <i>Weights/Conditioning/ Speed Begins: 9-12th 6:30-8am</i>	11 <i>Weights: 6:30-8am</i>	12 <i>Weights: 6:30-8am</i>	13 <i>Weights: 6:30-8am</i>	14 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	15
	17 <i>Weights: 6:30-8am</i>	18 <i>Weights: 6:30-8am</i>	19 <i>Weights: 6:30-8am</i>	20 <i>Weights: 6:30-8am</i>	21 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	22
23	24 <i>Weights: 6:30-8am</i>	25 <i>Weights: 6:30-8am</i>	26 <i>Weights: 6:30-8am</i>	27 <i>Weights: 6:30-8am</i>	28 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	29
30						



# July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>OFF</i>	2 <i>OFF</i>	3 <i>OFF</i>	4 <i>Happy 4th!</i>	5 <i>OFF</i>	6
7	8 <i>Weights: 6:30-8am</i>	9 <i>Weights: 6:30-8am</i>	10 <i>Weights: 6:30-8am</i>	11 <i>Weights: 6:30-8am</i>	12 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	13
14	15 <i>Weights: 6:30-8am</i>	16 <i>Weights: 6:30-8am</i> <b>Contact Day #1</b> 3:15-6:15pm *9th-12th grade	17 <i>Weights: 6:30-8am</i> <b>Contact Day #2</b> 3:15-6:15pm *9th-12th grade	18 <i>Weights: 6:30-8am</i>	19 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	20
21	22 <i>Weights: 6:30-8am</i> <b>Contact Day #3</b> 3:15-6:15pm *9th-12th grade	23 <i>Weights: 6:30-8am</i> <b>Contact Day #4</b> 3:15-6:15pm *9th-12th grade	24 <i>Weights: 6:30-8am</i> <b>Contact Day #5 @Little Chute H.S.</b> 3pm-6:30pm *FRESHMAN OFF*	25 <i>Weights: 6:30-8am</i> <i>Stretch/Re-Hab</i> <i>Following Day #5</i>	26 <b>Open Lift</b> <i>Weights: 6:30-8am &amp; 8-9:30am</i>	27
28	29 <i>OFF</i>	30 <i>OFF</i>	31 <i>OFF</i>			



# August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u><b>VARSIITY Games:</b></u> 7pm  <u><b>JV Games: 5pm</b></u> <u><b>Frosh/JV2: 5pm</b></u>				1  OFF	2  OFF	3
4 <u><b>PARENT MEETING</b></u> 7pm –8pm in PHS Auditorium	5 Equipment Hand-Out & Testing 10-12th Grade 8am-Noon	6 1st Day of Practice <b>10-12th Grade</b> 8am-noon <b>9th Grade: 8am-11am</b>	7 Practice 10-12th: 8am-noon 9th Grade: 8am-11am	8 Practice 10-12th: 8am-noon 9th Grade: 8am-11am	9 Practice 10-12th: 8am-noon 9th Grade: 8am-11am	10 <u><b>Picture Day</b></u> 9th-12th Grade Practice 8-9:30am Red/White Scrimmage 10-11am *Grill Out Following
11  OFF	12  All: 8am-11am	13  All: 8am-11am	14  All: 8am-11am	15  All: 8am-11am	16 V/JV/JV2-Frosh Scrimmage @ Kaukauna H.S. 10am-1:00pm	17  OFF
18 V/JV : Film/Lift/Practice 6pm-8:00pm	19  All: 3pm-6pm	20  All: 3pm-6pm	21  All: 3pm-6pm	22 <u><b>Varsity vs. South</b></u> 7PM JV: No Practice JV-2: 3pm-5pm	23  All: 8am-10:30am	24  OFF
25 V/JV : Film/Lift/Practice 6pm-8:00pm	26 Varsity: 3pm-6pm  <b>JV @ South 5pm</b> <b>JV-2 vs. South 5pm</b>	27  All: 3pm-6pm	28  All: 3pm-6pm	29 <u><b>Varsity vs. Manty</b></u> 7PM JV: No Practice JV-2: 3pm-5pm	30  All: 8am-10:30am	31  OFF



# September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  OFF	2 <b><u>Labor Day</u></b>  Practice All Levels 6pm-8:15pm	3 <b>1st Day Of School</b>  Varsity: 3pm-6pm <b>JV @ Manty 5pm</b> <b>JV-2 vs. Manty 5pm</b>	4  All: 3pm-6pm	5  All: 3pm-6pm	6  <b><u>Varsity @ North</u></b> 7PM JV: No Practice JV-2: 3pm-5pm	7  OFF
8  V/JV : Film/Lift/Practice 6pm-8:00pm	9  Varsity: 3pm-6pm  <b>JV vs. North 5pm</b> <b>JV-2 @ North 5pm</b>	10  All: 3pm-6pm	11  All: 3pm-6pm	12  All: 3pm-6pm	13  <b><u>Varsity @ GB Preble</u></b> 7PM JV: No Practice JV-2: 3pm-5pm	14  OFF
15  V/JV : Film/Lift/Practice 6pm-8:00pm	16  Varsity: 3pm-6pm  <b>JV vs. Preble 5pm</b> <b>JV-2 @ Preble 5pm</b>	17  All: 3pm-6pm	18  All: 3pm-6pm	19  All: 3pm-6pm	20  <b><u>Varsity vs. NDA</u></b> 7PM JV: No Practice JV-2: 3pm-5pm	21  OFF
22  V/JV : Film/Lift/Practice 6pm-8:00pm	23  Varsity: 3pm-6pm  <b>JV @ NDA 5pm</b> <b>JV-2 vs. NDA 5pm</b>	24  All: 3pm-6pm	25  All: 3pm-6pm	26  All: 3pm-6pm	27 <b><u>No School</u></b> <b><u>Varsity @ DePere</u></b> 7PM JV: No Practice JV-2: No Practice	28  OFF
29  V/JV : Film/Lift/Practice 6pm-8:00pm	30  Varsity: 3pm-6pm  <b>JV vs. DePere 5pm</b> <b>JV-2 @ DePere 5pm</b>					



# October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>All: 3pm-6pm</i>	2 <i>All: 3pm-6pm</i>	3 <i>All: 3pm-6pm</i>	4 <b><u>Varsity vs. GBSW</u></b> 7PM <i>JV: No Practice</i> <i>JV-2: 3pm-5pm</i>	5 <i>OFF</i>
6 <i>V/JV :</i> <i>Film/Lift/Practice</i> <i>6pm-8:00pm</i>	7 <i>Varsity: 3pm-6pm</i>  <b><i>JV @ GBSW 5pm</i></b> <b><i>JV-2 vs. GBSW 5pm</i></b>	8 <i>All: 3pm-6pm</i>	9 <i>All: 3pm-6pm</i>	10 <i>All: 3pm-6pm</i>	11 <b><u>Varsity vs. Ashwaub.</u></b> 7PM <i>JV: No Practice</i> <i>JV-2: 3pm-5pm</i>	12 <i>OFF</i>
13 <i>V/JV :</i> <i>Film/Lift/Practice</i> <i>6pm-8:00pm</i>	14 <i>Varsity: 3pm-6pm</i>  <b><i>JV @ Ash. 5pm</i></b> <b><i>JV-2 vs. Ash. 5pm</i></b>	15 <i>All: 3pm-6pm</i>	16 <i>All: 3pm-6pm</i>	17 <i>All: 3pm-6pm</i>	18 <b><u>Varsity @ Bay Port</u></b> 7pm <i>JV: No Practice</i> <i>JV-2: 3pm-5pm</i>	19 <i>OFF</i>
20 <i>Varsity:</i> <i>Film/Lift/Practice</i> <i>6pm-8:15PM</i>	21 <i>Varsity: 3pm-6pm</i>  <b><i>JV vs. Bay Port 5pm</i></b> <b><i>JV-2 @ Bay Port 5pm</i></b>	22 <i>Varsity: 3pm-6pm</i>  <b><i>JV/F: Uniform Hand-</i></b> <b><i>in 3pm</i></b>	23 <i>Varsity: 3pm-6pm</i>  <b><i>JV/F: Uniform Hand-</i></b> <b><i>in 3pm</i></b>	24 <i>Varsity: 3pm-6pm</i>	25 <b><i>WIAA Playoffs</i></b> <b><i>Level 1</i></b> <b><i>7pm</i></b>	26 <i>OFF</i>
27 <i>Varsity:</i> <i>Film/Lift/Practice</i> <i>6pm-8:15PM</i>	28	29	30	31		



# November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>WIAA Playoffs Level 2 7pm</i>	2 <i>OFF</i>
3 <i>Varsity: Film/Lift/Practice 6pm-8:15PM</i>	4 <i>Varsity: 3pm-6pm</i>	5 <i>Varsity: 3pm-6pm</i>	6 <i>Varsity: 3pm-6pm</i>	7 <i>Varsity: 3pm-6pm</i>	8 <i>WIAA Playoffs Level 3 7pm</i>	9 <i>OFF</i>
10 <i>Varsity: Film/Lift/Practice 6pm-8:15PM</i>	11 <i>Varsity: 3pm-6pm</i>	12 <i>Varsity: 3pm-6pm</i>	13 <i>Varsity: 3pm-6pm</i>	14 <i>Varsity: 3pm-6pm</i>	15 <i>WIAA Playoffs Level 4 7pm</i>	16 <i>OFF</i>
17 <i>Varsity: Film/Lift/Practice 6pm-8:15PM</i>	18 <i>Varsity: 3pm-6pm</i>	19 <i>Varsity: 3pm-6pm</i>	20 <i>Varsity: 3pm-6pm</i>	21 <i>Varsity: 3pm-6pm</i>	22 <i>WIAA State Football Championships 1pm - Camp Randall UW-Madison</i>	23
24	25	26	27 <i>No School</i>	28 <i>Happy Thanksgiving! No School</i>	29 <i>No School</i>	30





# December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 <i><u>Football Banquet</u></i> <i>5:30pm Doors Open</i> <i>At PHS</i> <i>6:00pm start</i>
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				